

Practice:

Today's Date:

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Chart Number: \_\_\_\_\_  
Sex: ☐ M ☐ F Marital Status: ☐ Single ☐ Married ☐ Widowed ☐ Divorced SS#: \_\_\_\_\_  
E-mail: \_\_\_\_\_ Spouse/Partner Name: \_\_\_\_\_  
*E-mail newsletters, reminders, statements, etc.* Emergency Name: \_\_\_\_\_ Phone: \_\_\_\_\_  
Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Home #: \_\_\_\_\_ Cell #: \_\_\_\_\_ Other #: \_\_\_\_\_  
Employer: \_\_\_\_\_ Phone: \_\_\_\_\_  
Employer Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Primary Insurance: \_\_\_\_\_ Are you the insured? ☐ Yes ☐ No

**Insured Information**

Subscriber Name: \_\_\_\_\_ Relationship to insured: ☐ Spouse ☐ Child ☐ Self ☐ other  
Phone #: \_\_\_\_\_ Sex: ☐ Male ☐ Female DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_  
Address: \_\_\_\_\_  
Policy ID: \_\_\_\_\_ Group ID: \_\_\_\_\_ Employer: \_\_\_\_\_

Secondary Insurance: \_\_\_\_\_ Are you the insured? ☐ Yes ☐ No

**Insured Information**

Subscriber Name: \_\_\_\_\_ Relationship to insured: ☐ Spouse ☐ Child ☐ Self ☐ Other  
Phone #: \_\_\_\_\_ Sex: ☐ Male ☐ Female DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_  
Address: \_\_\_\_\_  
Policy ID: \_\_\_\_\_ Group ID: \_\_\_\_\_ Employer: \_\_\_\_\_

How did you find out about our practice? ☐ Physician ☐ Internet ☐ Telephone book ☐ Family member ☐ Friend

☐ Other: \_\_\_\_\_

What is the reason for your visit today? \_\_\_\_\_

Result of accident or work injury? ☐ Yes ☐ No

How long has this bothered you?        ☐ days ☐ weeks ☐ months ☐ years

What treatments have you tried & have they been effective? \_\_\_\_\_

On a scale of 1-10 (1 being no pain and 10 being the worst) what is your level of pain? \_\_\_\_/10

The pain quality is: ☐ burning ☐ constant ☐ dull ☐ sharp ☐ shooting ☐ throbbing ☐ tingling Other: \_\_\_\_\_

**PLEASE READ AND SIGN**

The above information is correct to the best of my knowledge. I understand that throughout my treatment, I am responsible for notifying the physician and/or medical staff of any and all updates to the information listed above.

Patient Signature: \_\_\_\_\_

Date: \_\_\_\_\_

## History and Physical

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Chart Number: \_\_\_\_\_

### Medical History:

- |   |  |  |   |   |   |
|---|--|--|---|---|---|
| <input type="checkbox"/> Alcoholism                 | <input type="checkbox"/> Blood disorders                 | <input type="checkbox"/> Circulation problems      | <input type="checkbox"/> Musculoskeletal  | <input type="checkbox"/> Breathing issues |   |
| <input type="checkbox"/> Liver                      | <input type="checkbox"/> Sleep apnea                     | <input type="checkbox"/> Gout                      | <input type="checkbox"/> Allergies        | <input type="checkbox"/> Heart disease    | <input type="checkbox"/> Asthma         |
| <input type="checkbox"/> Heart murmur               | <input type="checkbox"/> Stomach/bowel                   | <input type="checkbox"/> Depression                | <input type="checkbox"/> Anxiety disorder | <input type="checkbox"/> Mental illness   | <input type="checkbox"/> Kidney disease |
| <input type="checkbox"/> Blood clot                 | <input type="checkbox"/> High cholesterol                | <input type="checkbox"/> High blood pressure       | <input type="checkbox"/> Cancer           | <input type="checkbox"/> Hepatitis        |   |
| <input type="checkbox"/> Neuropathy (specify) _____ | <input type="checkbox"/> Thyroid disease (specify) _____ | <input type="checkbox"/> Diabetes (type 1, type 2) | <input type="checkbox"/> HIV              | <input type="checkbox"/> CVA              |   |
| <input type="checkbox"/> Arthritis (specify) _____  | <input type="checkbox"/> other (specify) _____           | <input type="checkbox"/> Skin disorders            | <input type="checkbox"/> Stroke           |   |   |

Are you pregnant? ☐ Yes ☐ No Are you nursing? ☐ Yes ☐ No

### Surgical History

☐ None ☐ Appendectomy ☐ C-Section ☐ Angioplasty ☐ Bypass ☐ Cataracts ☐ Cholecystectomy

Have you ever had any surgical procedures on foot/ankle or anywhere else on your body? ☐ Yes ☐ No

If yes, please describe: \_\_\_\_\_

Do you have any artificial joints? ☐ Yes (where? \_\_\_\_\_) ☐ No Do you have an artificial heart valve? ☐ Yes ☐ No

### Social History

Do you smoke? ☐ Yes ☐ No If yes how many packs per day? ☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 For how long? \_\_\_\_\_

Do you drink alcohol? ☐ Yes, everyday (5-7 days/week) ☐ Yes, occasionally/socially ☐ No/Rarely

Substance abuse: ☐ Yes, I have a current substance abuse problem. Please specify: \_\_\_\_\_

☐ Yes, I had a past substance abuse problem. Please specify: \_\_\_\_\_

☐ No, I have never had a substance abuse problem

What is your occupation? \_\_\_\_\_ Does it involve mostly ☐ standing or ☐ sitting

Do you exercise regularly? ☐ No, I do not exercise regularly ☐ Yes, I do the following regular exercise: \_\_\_\_\_

### Family History

Is there any family history (blood relative) of: (Please indicate family member)

- |   |       |  |       |
|---|-------|--|-------|
| <input type="checkbox"/> Alzheimer's          | _____ | <input type="checkbox"/> Depression          | _____ |
| <input type="checkbox"/> Arthritis            | _____ | <input type="checkbox"/> Diabetes            | _____ |
| <input type="checkbox"/> Bleeding disorders   | _____ | <input type="checkbox"/> Emphysema           | _____ |
| <input type="checkbox"/> Blood clot           | _____ | <input type="checkbox"/> Heart disease       | _____ |
| <input type="checkbox"/> Cancer               | _____ | <input type="checkbox"/> High Blood Pressure | _____ |
| <input type="checkbox"/> Cataracts            | _____ | <input type="checkbox"/> Neurological        | _____ |
| <input type="checkbox"/> Circulation problems | _____ | <input type="checkbox"/> Strokes             | _____ |
| <input type="checkbox"/> Other (specify):     | _____ |  |       |

### Review of Systems

(Please check the box if you currently have any of these symptoms or check "NONE")

- |                         |  |  |  |  |   |                                       |
|-------------------------|--|--|--|--|---|---------------------------------------|
| <b>Cardiovascular</b>   | <input type="checkbox"/> leg pain when walking | <input type="checkbox"/> fever               | <input type="checkbox"/> chest pain/pressure | <input type="checkbox"/> leg swelling      | <input type="checkbox"/> cold hands/feet    |                                       |
|                         | <input type="checkbox"/> fainting              | <input type="checkbox"/> palpitations        | <input type="checkbox"/> vascular disease    | <input type="checkbox"/> valve problems    | <input type="checkbox"/> NONE               |                                       |
| <b>Genitourinary</b>    | <input type="checkbox"/> blood in urine        | <input type="checkbox"/> hesitancy           | <input type="checkbox"/> incontinence        | <input type="checkbox"/> increased urgency |   |                                       |
|                         | <input type="checkbox"/> decreased frequency   | <input type="checkbox"/> excessive urination | <input type="checkbox"/> kidney disease      | <input type="checkbox"/> kidney stones     | <input type="checkbox"/> NONE               |                                       |
| <b>Gastrointestinal</b> | <input type="checkbox"/> abdominal pain        | <input type="checkbox"/> heartburn           | <input type="checkbox"/> blood in stool      | <input type="checkbox"/> vomiting          | <input type="checkbox"/> ulcers             | <input type="checkbox"/> constipation |
|                         | <input type="checkbox"/> diarrhea              | <input type="checkbox"/> trouble swallowing  | <input type="checkbox"/> decrease appetite   | <input type="checkbox"/> increase appetite | <input type="checkbox"/> NONE               |                                       |
| <b>Integumentary</b>    | <input type="checkbox"/> athletes foot         | <input type="checkbox"/> nail abnormalities  | <input type="checkbox"/> keloids             | <input type="checkbox"/> itchiness         | <input type="checkbox"/> dry, scaly skin    | <input type="checkbox"/> NONE         |
| <b>Hematologic</b>      | <input type="checkbox"/> lower leg ulcers      | <input type="checkbox"/> sickle cell disease | <input type="checkbox"/> anemia              | <input type="checkbox"/> blood thinners    | <input type="checkbox"/> clotting disorders | <input type="checkbox"/> NONE         |
| <b>Neurological</b>     | <input type="checkbox"/> tingling              | <input type="checkbox"/> weakness            | <input type="checkbox"/> seizures            | <input type="checkbox"/> numbness          | <input type="checkbox"/> headaches          |                                       |
|                         | <input type="checkbox"/> tremors               | <input type="checkbox"/> paralysis           |  |  | <input type="checkbox"/> NONE               |                                       |
| <b>Musculoskeletal</b>  | <input type="checkbox"/> back pain             | <input type="checkbox"/> joint swelling      | <input type="checkbox"/> muscle weakness     | <input type="checkbox"/> muscle pain       | <input type="checkbox"/> neck pain          |                                       |
|                         | <input type="checkbox"/> sciatica              | <input type="checkbox"/> joint stiffness     | <input type="checkbox"/> joint pain          | <input type="checkbox"/> joint instability | <input type="checkbox"/> arthritis          | <input type="checkbox"/> NONE         |
| <b>Respiratory</b>      | <input type="checkbox"/> chest pain            | <input type="checkbox"/> wheezing            | <input type="checkbox"/> COPD                | <input type="checkbox"/> coughing          | <input type="checkbox"/> snoring            |                                       |
|                         | <input type="checkbox"/> shortness of breath   | <input type="checkbox"/> emphysema           |  |  | <input type="checkbox"/> NONE               |                                       |

### PLEASE READ AND SIGN

The above information is correct to the best of my knowledge. I understand that throughout my treatment, I am responsible for notifying the physician and/or medical staff of any and all updates to the information listed above.

Patient Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Practice:

Today's Date:

**Name:** \_\_\_\_\_ **Chart #:** \_\_\_\_\_ **Date of birth:** \_\_\_\_\_  
**Race:** \_\_\_\_\_ ☐ I prefer not to answer ☐ I do not know  
(White, American Indian, Asian, Black or African, Native Hawaiian, Hispanic, etc.)  
**Ethnicity:** \_\_\_\_\_ ☐ I prefer not to answer ☐ I do not know  
**Preferred Language:** \_\_\_\_\_ ☐ I prefer not to answer  
**Pharmacy Name:** \_\_\_\_\_ **Pharmacy Phone:** \_\_\_\_\_  
Pharmacy Address: \_\_\_\_\_ City, State, Zip: \_\_\_\_\_  
**Primary Care Physician:** \_\_\_\_\_ Phone: \_\_\_\_\_ Date Last Seen: \_\_\_\_\_  
Address: \_\_\_\_\_  
**Referring Physician:** \_\_\_\_\_ Phone: \_\_\_\_\_ Date Last Seen: \_\_\_\_\_  
Address: \_\_\_\_\_

### Privacy Information Preferences

Do you want to be exempt from public reporting? ☐ Yes ☐ No Can we send mail to the address on file? ☐ Yes ☐ No  
Can we call the phone number on file? ☐ Yes ☐ No Can we leave voicemail on machine? ☐ Yes ☐ No  
Will you allow us to send internet based (e-mail) delivery of reminders and newsletters? ☐ Yes ☐ No

If yes, please provide your e-mail address: \_\_\_\_\_

Who can we leave messages with? ☐ Wife ☐ Husband ☐ Daughter ☐ Son ☐ Other: \_\_\_\_\_  
Name(s): \_\_\_\_\_

### Smoking Status

☐ Current Every Day Smoker ☐ Never Smoker  
☐ Current Some Day Smoker ☐ I decline to answer  
☐ Former Smoker

### Vital Signs

Blood Pressure: \_\_\_\_\_ / \_\_\_\_\_  
Height: \_\_\_\_\_ Weight: \_\_\_\_\_

### Current Medications

☐ No Known Medications ☐ I take the following medications:

Name: \_\_\_\_\_  
Name: \_\_\_\_\_  
Name: \_\_\_\_\_  
Name: \_\_\_\_\_  
Name: \_\_\_\_\_  
Name: \_\_\_\_\_  
Name: \_\_\_\_\_

Use the back of this form if more room is needed

### Allergies

☐ No Known Allergies ☐ No Known Drug Allergies

Name: \_\_\_\_\_ Reaction \_\_\_\_\_  
Name: \_\_\_\_\_ Reaction \_\_\_\_\_  
Name: \_\_\_\_\_ Reaction \_\_\_\_\_  
Name: \_\_\_\_\_ Reaction \_\_\_\_\_  
Name: \_\_\_\_\_ Reaction \_\_\_\_\_  
Name: \_\_\_\_\_ Reaction \_\_\_\_\_  
Name: \_\_\_\_\_ Reaction \_\_\_\_\_

Use the back of this form if more room is needed

**Last Flu Shot Date:** \_\_\_\_\_ **Did you get a pneumococcal vaccination?** ☐ Yes ☐ No

**PLEASE READ AND SIGN:** The information on my intake form(s) is correct to the best of my knowledge. I understand that throughout my treatment, I am responsible for notifying the physician and/or medical staff of any and all updates to the information listed above. (Assignment of Benefits): I authorize payment of medical benefits to the practice named above. (Release of Information): I authorize the release of any medical information necessary to process this claim. (HIPAA Privacy): I acknowledge that I received my HIPAA Privacy Practices Notice. (Medication History): I authorize the Doctor's office to retrieve my medication history.

Patient Signature: \_\_\_\_\_

Date: \_\_\_\_\_